



AGE MY WAY NC **LISTENING SESSION**

Are you an older adult or caregiver in North Carolina?

Join us for a listening session on Thursday, December 1 in New Bern's North Carolina History Center's Cullman Hall to tell the State of North Carolina what our rural communities need to do to prepare for our aging population.

Thursday, December 1
Cullman Hall – North Carolina History Center
Tryon Palace
5:00pm to 6:30pm
***Doors open at 4:30**
529 South Street, New Bern NC

In the next twenty years, our 65 and older population will increase from 1.7 to 2.7 million people, that's a projected growth increase of 52%. Are you a care giver? Of the estimated 87,329 grandparents responsible for grandchildren under 18, 42% are age 60 and older. Is your community ready for the changing needs of the senior population? North Carolina currently has more people aged 60 and older than under 18 years of age.

The rural listening sessions are being held in the towns of New Bern, December 1 and Morganton, December 13. The hope is to identify and learn more about the needs of the aging population in rural areas. Housing, health care, transportation, technology/broadband, employment training, and social service programs are all topics that need to be more clearly discussed during these listening sessions.

The listening session is being hosted by the State of North Carolina, AARP-NC, and NC Department of Health and Human Services.



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Are you an older adult or caregiver in North Carolina?

Join us for a listening session on Tuesday, December 13 in the North Carolina School of Science and Mathematics' Barn to tell the State of North Carolina what our rural communities need to do to prepare for our aging population.

Tuesday, December 13
The Barn – North Carolina School of Science and Mathematics
5:00pm to 7:00pm
***Doors Open at 4:30pm**
901 Burkemont Avenue, Morganton NC

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